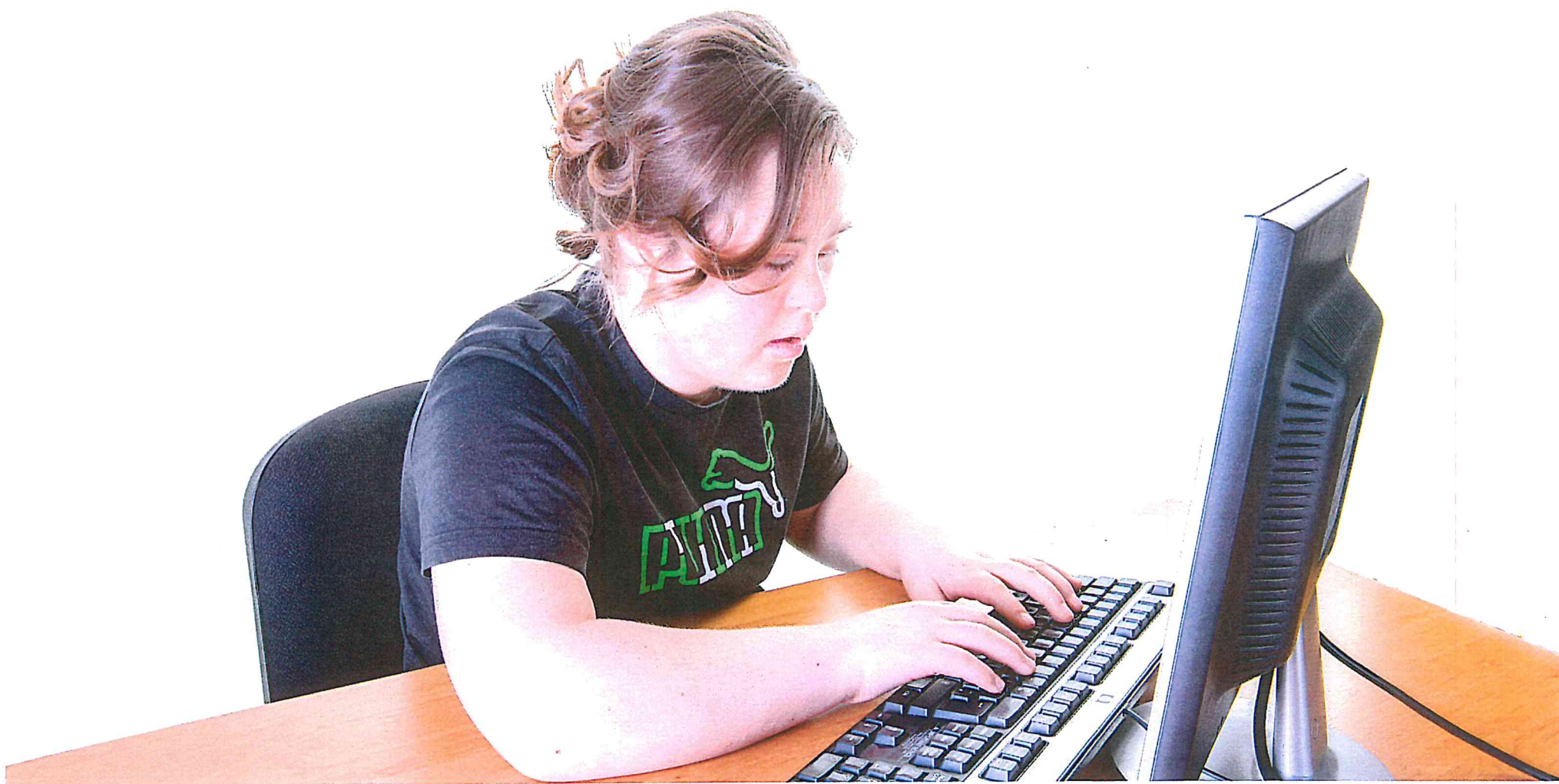


Down Syndrome Ireland Adult Education and Employment Programme

July 2018



Overview

Year 1

**4 days per week
Term time (32 weeks)
Classroom Based**

Topics:

- **Literacy and Technology**
- **Decision making:
Rights and
Responsibilities**
- **Work skills**

Year 2

**4 days per week
Term time (32 weeks)
Classroom Based**

Topics:

- **Literacy and Technology**
- **Decision making:
Rights and
Responsibilities**
- **Interpersonal Skills**
- **Work skills**

Year 3

**Flexible Programme
Individually arranged**

Topics:

- **Work Experience**
- **Reflective Learning**
- **Pre-Employment
Placement**
- **Potential
Employment**

Down Syndrome Ireland Adult Education and Employment Programme Year 1

Day 1 Practical Literacy and Technology

Main Topics:

- Module 1: Starting a Journey of Self Discovery
- Module 2: Beyond Self and into the Community

Key Outcomes:

Students will set individual learning goals and have the opportunity to use technology to practise their literacy.

Students will be able to discuss topics related to their personal lives.

Students will be able to describe their family, education, hobbies and likes and dislikes.

Day 2 Practical Literacy and Technology

Day 3 Decision Making: Rights and Responsibilities

Main Topics:

- Forming a Personal and Independent Opinion
- Delegation and Representation
- Political Parties and Electoral Programmes

Key Outcomes:

- Students will learn the importance of being informed about issues and how their opinion matters.
- They will learn about different political parties and how elections work

Day 4 Work Skills

Main Topics:

- Learning about different types of jobs
- Identifying interests, skills, and motivations
- Learning how to apply for a job

Key Outcomes:

- Students will learn about the different types of jobs they are interested in and what would suit their personality type and experience.
- Students will learn the process of applying for a job from job advertisements to interviews.

**Course runs 4 days a week between Late September and June
(32 weeks per year in total)**

Down Syndrome Ireland Adult Education and Employment Programme Year 2

Days 1 & 2 Practical Literacy and Technology

Main Topics:

Module 3: Reaching out into the world

Module 4: Taking on the world

Key Outcomes:

Students will learn how to discuss a broad range of topics connected with the wider world.

Students will learn practical tasks such as budgeting, planning an event and setting goals.

Students will set individual learning goals and have the opportunity to use technology to practise their literacy.

Day 3 Decision Making: Rights and Responsibilities

Main Topics:

- Voting Procedures
- Local, National & European Politics
- Referendums and Petitions

Key Outcomes:

Students will learn how politics works at local, national and European elections. They will learn about the process of a referendum and how to cast their vote in elections.

Day 4: September - January Interpersonal Skills

Main Topics:

Unit 1: Me, Myself & I
Unit 2: Relationships & Sexuality
Unit 3: Independence

Key Outcomes:

Students will learn about feelings, how to recognise their skills & build on their self esteem. They will also learn how to look after themselves by making decisions & taking responsibility of their own bodies. Students will learn about different relationships, sexuality, safety & privacy.

Students will explore the transition to adulthood. This will look at making choices, setting life goals, preparing for college and work, and other steps to help them live as an independent adult.

Day 4: January - June Work Skills

Main Topics:

- What having a job involves: How should I behave? What should I do?
- The difference between a colleague and a friend
- Time keeping & Money Management.

Key Outcomes:

Students will be prepared in a practical way for different situations in the workplace. They will learn about appropriate behaviours and dress, understanding a job description and how to follow instructions.

**Course runs 4 days a week between Late September and June
(32 weeks per year in total)**

Down Syndrome Ireland Adult Education and Employment Programme Year 3

Work Experience

Reflective Learning

**Pre-employment
Placement**

**Potential
Employment**

**This part of the course is not classroom based.
This is a flexible programme which will be individually arranged under the supervision of the Local Adult Education Teaching Team and the National Employment Officer in collaboration with families, local DSI branches, Regional Resource Officers and Potential Employers**